

Highlights of Training Program on “Soft Skills”- For Technical Staff!!!

Training program on “**Soft Skills**” was organized from 30th November - 1st December 2016 for technical staff members. It was a 2 days training program conducted by the soft skills trainer - **Ms. Shilpi Vaish & Ms. Nisha Sharma.**

- **Dr. Narendra Kumar (Director) and Prof. S.B. Bajpayee (Dean (A))** shared the concept and importance of the training program and motivated all to enthusiastically attend the training and to work more passionately.
- **22 technical staff members attended the training program.** Participants not only participated well, but also shared various examples of their lives, that added to learning of all.
- Sessions included topics like **team building, communication styles, self- motivation, stress management, interpersonal skills, grooming & Etiquette at workplace (Do’s & don’ts’), building blocks for success & How to stay happy.**
- They participants got to **explore more about themselves** and the session made them think beyond their present level thinking.
- The training program was well appreciated by each participant and also **requested to conduct more of such training programs in future.**