

## **Highlights of Training Program on "Effective Counseling Skills"- For Faculty!!!**

Training program on **"Effective Counseling Skills"** was organized from 1st to 2nd December 2016 for faculty members. It was a 2 days training program conducted by the Psychologist Cum Counselor - **Ms. Sanskriti Sharma Singh.**

- **Dr. Narendra Kumar (Director)** addressed the faculty members and motivated them to actively participate and interact during the training session so as to gain as much as they can.
- **47 faculty members** attended the training program including **Dean (A) and Professor & HoD`s.**
- The training session aimed at increasing awareness of the counseling process and the skills involved in counseling and the session began with a presentation on Basic counseling skills followed by interactive discussion on the first day.
- Second day, queries of the faculty members were addressed followed by a demonstration of the counseling process with the help of faculty member.
- Sessions included topics like **basic counseling skills, Development of sensitivity to the process of change, awareness of ethical issues etc.**
- The faculty members were eager to learn the nuances of the counseling. They shared skills from their repertoire that they have found successful while counseling students and sought help regarding situations where they have felt stuck while helping students.
- They participants also got to **explore general techniques about handling difficult students in classroom.**
- The session ended at 4:00 pm followed by a cup of tea.
- The training program was well appreciated by each participant and they also **requested to conduct more of such training programs in future.**